

Year 11 Knowledge

Engagement patterns and the factors affecting them.
Commercialisation, sponsorship and the media.
Positive and negative impacts of sponsorship and the media.
Positive and negative impacts of technology.
Conduct of performers and introduction to drugs.
Spectator behaviour and hooliganism, including strategies to combat
Sporting examples of drug taking.
Advantages/disadvantages to the performer/the sport of taking PEDs.
The structure of the heart.
The cardiac cycle and the pathway of blood – including revision of blood vessels.
Cardiac output and stroke volume.
Mechanics of breathing – including revision of gaseous exchange.
Interpretation of a spirometer trace.
Pathway of air.
Gaseous exchange.
Gaseous exchange.
Blood vessels.
Blood vessels.
Effects of exercise – immediate, short and long term.
Revision and exam technique including mock exam.
Revision and exam technique.

skills	Recall and capacity to answer questions fulfilling AO1 AO2 AO3	Recall and capacity to answer questions fulfilling AO1 AO2 AO3	Recall and capacity to answer questions fulfilling AO1 AO2 AO3
Assessment pattern	End of unit tests/ NEA tasks along side progress points	End of unit tests/ NEA tasks along side progress points	End of unit tests/ NEA tasks along side progress points