

Hints on referencing:

There are two easy ways to reference if you have directly quoted information.

1. Copy and paste the website under the quote

2. Paste the website into a 'footer' giving it a number. Then replicate the number next to the quote.

Ie. One of the key features of Popular Recreation were that there were a few very simple rules. $^{\rm 1}$

This is then referenced in the footer as follows:

1 http://www.wbs.eu.com/download.php?url=/var/joomla/west-bridgford/httpdocs/phocadownload/PE/A-Level_PE/A2_Historical_Studies/Popular_Recreation/popular+recreation+summary.pdf

General advice from the sixth formers:

- Don't underestimate the intensity of A-Levels it is a lot harder than GCSE and you need to be focused and work hard
- The summer before year 12 is really long and it can be a shock when you have to adapt quickly to your new courses try and do some reading around the subject over the summer
- Make sure you achieve a minimum of a 'C' for GCSE Maths and English it is important for your future and will hold you back if you do not get them
- Be prepared for a lot of hard work! You will need to be independent and very organised to keep on top of all of your work.
- Take responsibility for your learning and your work as teachers won't chase you as much as before!
- Don't be afraid to ask staff or any of the older sixth formers about anything
- Don't pick a subject you're not interested in doing
- Make sure you know how many exams or coursework you will have per subject
- You MUST be doing subjects you love or else you will struggle massively
- Make sure you dress like you're going to a job interview
- Keep all your work organised
- Do everything you can to get involved with the Sixth Form, e.g. participate in events
- Do as much work as you can early on
- Avoid getting involved in social network disputes
- You have to be prepared to work hard as the subjects get much more difficult. You will also have to revise a lot more
- Use all the resources available
- Don't leave anything to the last minute
- Use your study periods for study don't let yourself get distracted by others
- Leave your lessons with no doubts. If you didn't understand something ask your teacher there and then
- Ask for help if you need it
- Make a conscious big effort with each subject
- Be on time for classes
- Complete your work to the best of your ability don't rush to get it done
- Be very careful about your course selection. If you want to do all the sciences and maths. Consider whether you will be able to cope with the hours of extra study required

How the sixth formers think you can prepare yourself for the transition:

• Don't be lazy! Be proactive!

- Find out who teaches the subjects you're interested in and whether the teacher thinks it is suitable for you
- Buy folders for your subjects organise them as you go (don't just shove papers in it thinking you will organise it later)
- Buy all your equipment before you start
- Read any recommended textbooks during the summer holidays
- Revise every night in short periods from the start of school to ease the load before Exams
- Complete set homework as soon as possible
- Make good notes in class from the start
- Start working hard and revising straight away to take the pressure off when it comes to exams
- Acknowledge that the majority of work that you will be doing will be independent you are expected to do the work on your own but you will have support if you need it
- Learn to be independent as you can't expect everything to be handed to you on a plate
- Spend 15 minutes after school per lesson per day, going over what you did that day and add any new material to flash cards
- Get more sleep!

Perks of being a sixth former:

- Independence
- Good support available
- Treated more like an adult
- Getting to know more people in your year
- There are various events that are run by the Sixth Form to get involved in
- Having lots of help with university applications
- Can pick own subjects
- Responsibility and freedom
- Allowed mobile phones, peircings, jewellery and dyed hair (within reason)
- Own study area
- Computers and work space
- Vending machine
- Enrichment day
- And of course, Mrs Freer & Miss Elliott The Sixth Form Mums always there when you need help, of which all of you will need at some stage during your time in Sixth Form