

	<u>PHYSICAL EDUCATION</u>	
	Qualification Level	A-level
	Exam Board/ Syllabus	AQA
Contact(s)	Mr Maybury	

Why Study This Course?

A-Level Physical Education is for you if you wish to immerse yourself in the world of sports and physical education and gain both depth and breadth of knowledge, with an understanding of the skills relating to scientific, socio-cultural and practical aspects of physical education.

PE is about the application of the theoretical science of sport and the social issues which influence the development of sport. Training for sport, sports psychology, anatomy and physiology and global trends in international sport are among the key topics studied. You need to be seriously interested in most areas of sport. **You will need to be currently competing in your chosen sport at a competitive level.** It will be of considerable advantage if you have GCSE science at a good grade to help when studying the anatomy and physiology units of the course. During practical sessions you will also be analysing sport performances and show how theory can be applied, therefore you should have a keenness to learn how to analyse the performance of others through observation and the ability to use ICT equipment to record this. There is some student choice over the practical coursework activities, although these will be individually assessed on and off site.

Course Assessment Pattern/ Structure

Subject content	Title	Contribution to qualification
PAPER 1	Factors affecting participation in physical activity and sport: What's assessed: Section A: Applied physiology Section B: Skill acquisition and sports psychology Section C: Sport and society and technology in sport	How it's assessed • Written exam: 2 hours. 3 sections multiple choice, short answer and extended writing (105 marks) • 35% of A-Level
PAPER 2	Factors affecting optimal performance in physical activity and sport: What's assessed: Section A: Exercise, Physiology and biomechanics Section B: Sports Psychology Section C: Sport and Society and Technology in Sport	How it's assessed • Written exam: 2 hours. 3 sections multiple choice, short answer and extended writing (105 marks) • 35% of A-Level
NEA	Non-exam assessment: Practical performance in physical activity and sport What's assessed: Students assessed as a performer or coach in the full sided version of one activity. Plus: written/verbal analysis of performance.	How it's assessed • Internal assessment, external moderation • 90 marks • 30% of A-Level

Higher/Further Education & Career Links

A-Level Physical Education is the study of human movement, performance and behaviour in relation to sport and P.E. It takes a multi-disciplinary approach encouraging the development of a range of methods. The course aims to provide greater knowledge, insight and understanding of human performances. A-Level physical education could lead you towards numerous university courses, including: sports studies, sports science, PE teacher training, leisure studies and physiotherapy. In addition, A-Level PE is now well regarded as an A-Level subject when applying to courses in different fields of study; as well when seeking employment in most sporting sectors including physiotherapy and the sport and fitness industry.

<i>Business & Innovation</i>	<i>English</i>	<i>Expressive Arts & Languages</i>	<i>Humanities</i>	<i>Mathematics</i>	PE	<i>Science</i>
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