

Curriculum Implementation Mapping – Skills and Knowledge

Subject: physical education

Year group:11

Topic	rugby	football	netball	badminton	basketball	HRF	Rhythmic gym	Indoor sports
Knowledge	creating space . angled runs, offload in tackles, overlaps, create 2v1 . strategies and set pieces in a game situation	. Tactics and Formations: pros and cons of each and application against different types of team. creation of space. Responsibility in attack and defence	further attacking and defensive strategies: knowledge and understanding of the positions and the roles and responsibilities of each ; control, balance and concentration, blocking. Imagination in attack. peer coaching to support learning .	To be able to make decisions during a rally regarding the placement of the shuttle. To be able to anticipate correctly the shot your opponent is going to play and so be ready to cover that area of court. To know that a mixture of deep shots into your opponents court, and drop shots, is effective in singles play. rules of service and scoring for singles and doubles	role of different defensive formations and the pros and cons of each (space coverage vs fatigue). Responsibilities within each. demonstrate knowledge through peer coaching and the creation of student led tournament	Utilising previous knowledge to design and lead sessions in circuit training, interval, continuous and own choices.	To be able to utilise knowledge of fluency, control originality, levels , speed and balances to create a sequential routine in small groups	Consolidation of knowledge through self organisation of badminton, basketball and dodgeball lessons. To include coaching and officiating
Skills	<i>Angled running, Face balls, Overlap, and Reverse balls out wide. offload in tackles. All skills applied under pressure of game situation.</i>	application of tactics, carrying out roles with appropriate skill (attack/ defend) passing appropriate to situation. Exploitation of space	skills learned in previous years applied in game situations	consolidation and demonstration of forehand and backhand skills. peer analysis to identify strengths and weakness	all skills learned throughout course applied under pressure of competitive situations. cooperation, teamwork and communication	Correct form for exercises. Application of knowledge to select correct skills to meet training demands	Split leaps, jumps, throwing and catching ribbons, formations. Snake Caterpillar Circle Figure of '8' line spiral step over Utilisation of SPACE and dynamics	Skills displayed from indoor sports: badminton OHC, drop, smash, serving.